

Leicester Grammar Senior School Lunch Menu Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup and bread	Courgette and tomato Daily fresh baked bread	Celeriac,leek and potato Daily fresh baked bread	Broccoli and Stilton Daily fresh baked bread	Carrot and coriander Daily fresh baked bread	Sweetcorn and chilli Daily fresh baked bread
Main meal	Beef Lasagne and garlic bread	Lamb Balti and naan bread	Roast chicken, stuffing and gravy Or Grilled haddock&herb crust	Pork meatballs in tomato sauce	Battered Haddock Breaded cod goujons with tartare sauce and lemon
Main vegetarian	Vegetable Stir fry (V) Noodles	Creamy leek and mushroom pasta (V)	Vegetable Shepherd's pie (V)	Quorn chilli (V) Braised rice	Southern fried bites (V)
Vegetables & potatoes	New potatoes Fresh Broccoli Sweet corn	Pilau rice French beans Fresh cauliflower	Roast potatoes Fresh sliced carrots Fresh Savoy cabbage	Penne pasta Sweet corn&peppers Sugar snap peas	Chunky chips Peas Baked beans Mushy peas
Daily Jacket potatoes with filling Street Food Live	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Baked beans Grated cheese
Hot Snacks	Daily Hot wraps – NEW FLAVOURS				
Salad bar	Seasonal salad selection				
Daily dessert	Apple crumble and custard	Lemon drizzle and cream	Toffee apple sponge and toffee sauce	Choc chip sponge and chocolate sauce	Jam and coconut shortbread slice
Yoghurt & fruit	A selection of fresh whole & cut fruit Freshly made probiotic yoghurt with toppings				

*** If you suffer from a food allergy or intolerance you are advised to consult the Sodexo manager or Head chef**

Leicester Grammar Senior School Lunch Menu Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup & bread	Mediterranean tomato Daily fresh baked bread	Leek and potato Daily fresh baked bread	Spiced lentil Daily fresh baked bread	Cream of tomato Daily fresh baked bread	Pea and mint Daily fresh baked bread
Main meal	Beef Bolognaise Garlic bread	Crispy herb chicken	Roast pork, apple sauce Stuffing Or Handmade fishcakes	Chicken korma and naan bread	Battered cod or Cod Goujons
Main vegetarian	Vegetable and lentil curry Pilau rice (V)	Quorn Bolognaise pasta bake (V)	Quorn and Vegetable pie Pastry topped (V)	Quorn sausage and mash (V)	Macaroni cheese (V)
Vegetables & potatoes	Italian pasta Fresh broccoli Fresh baton carrots	New potatoes Sweetcorn Roasted vegetables	Roast potatoes Fresh swede and carrot mash Fresh savoy cabbage	Basmati rice French beans Sliced lemon carrots	French fries Garden peas Baked beans Grilled Balsamic courgettes
Daily Jacket potatoes with fillings Street Food Live	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Baked beans Grated cheese
Hot Snacks	Daily Hot wraps – NEW FLAVOURS				
Salad bar	Seasonal salad selection				
Daily dessert	Apple Eve's pudding and custard	Rice pudding and jam sauce	Baked syrup sponge and custard	Banoffi crumble and cream	Chocolate rice krispie and raisin slice
Yoghurt & fruit	A selection of fresh whole & cut fruit Freshly made probiotic yoghurt with toppings				

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Leicester Grammar Senior School Lunch Menu Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup & bread	Tomato and basil Daily fresh baked bread	Carrot, honey and ginger Daily fresh baked bread	Sweet potato and red pepper Daily fresh baked bread	Butternut squash&thyme Daily fresh baked bread	Moroccan vegetable Daily fresh baked bread
Main meal	Chicken and butternut squash stew	Lamb and mint pie	Roast beef with Yorkshire pudding and gravy Or Fish pie	Jamaican Jerk Chicken	Battered haddock or Haddock goujons
Main vegetarian	Sicilian cherry tomato pasta bake (V)	Thai vegetable curry and basmati rice (V)	Vegetable hot pot (V)	Quorn Bolognaise and pasta penne (V)	Vegetable topped Bruschetta (V)
Vegetables & potatoes	Creamy mash Peas Fresh baton carrots	Roasted baby potatoes Fresh broccoli Sweet corn	Roast potatoes Fresh ginger glazed carrots Cauliflower cheese	Braised rice French beans Sweet corn& peppers	Oven baked chips Peas Baked Beans Mushy peas
Daily jacket potatoes with fillings Street Food Live	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Street Food Live Baked beans Grated cheese	Street Food Live Tuna in spring water Grated cheese	Baked beans Grated cheese
Hot Snacks	Daily Hot wraps – NEW FLAVOURS				
Salad bar	Seasonal salad selection				
Daily dessert	Chocolate orange cake and chocolate sauce	Warm pancakes and toppings	Jam sponge and custard	Chocolate brownie and cream	Iced carrot cake
Yoghurt & fruit	A selection of fresh whole & cut fruit Freshly made probiotic yoghurt with topping				

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